



# ATHLETICS – TRACK AND FIELD COACH

## UCT Sport & Recreation

### UCT Athletics Club

The University of Cape Town Athletics Club is seeking applications for an Athletics: Track and Field coach to coach UCT students and staff in track and field from August – December 2018.

#### Requirements:

- Matric
- Demonstrable success as an athletics coach at Provincial, Club and/or Tertiary level
- Minimum of 3 years' experience of coaching athletes
- Ability to motivate and influence athletes, coaches and teams
- Resilience and energy to operate in a challenging student centred working environment
- Proven ability to operate with professionalism and integrity in challenging situations
- Exceptional planning, co-ordination and organisational skills
- Self-motivated with the ability to work independently and/or as part of a team
- High level interpersonal, written, and verbal communication and influencing skills
- Strong disciplinary skills
- Computer literate

#### Recommendations:

- Driver's Licence
- Level 2 ASA Coaching Qualification (completed or in progress)
- More than 5 years coaching experience at provincial level and/or in a high performance environment
- Provincial/National experience as athlete/coach
- Sports Science qualification

#### Responsibilities:

- Proper and efficient coaching of the Club Track & Field squads. Drawing up of structured organised training sessions focused on improving each individual performance and drawing up attendance registers at training.
- Attend and coordinate training at the UCT Groote Schuur Oval/Green Point Stadium on Monday, Tuesday, Wednesday and Thursday from 17h30-18h30.
- Assisting the Club Captains and fellow coaches in helping select the best possible student teams.
- Assisting in attracting talented athletes to UCT by ensuring they apply for sports scholarships with a focus on attracting black African athletes to UCT.
- Developing UCT student talent within the Club and its teams by assisting with the drafting of personalised training programmes for UCT 1<sup>st</sup> team athletes.
- Attending all events in which the First team participates (a list is drawn up and agreed to be the committee at the start of the season), including accompanying the team to any University Sport SA, (USSA) or University Sports Company tournaments should this occur. Accommodation and travel costs will be covered for these events.
- Engaging actively in continuous personal development and the development of UCT Athletics.
- Providing monthly progress reports relating to the coaching plan and implementation of new training methods.
- Any other duties that the UCT Athletics Committee sees fit, providing that such duties are appropriate to the role.

Remuneration commensurate with qualifications and experience for this position will be negotiated with the successful applicant.

**To apply**, please e-mail the below documents in a **single pdf file** to Kerr Rogers at [kerr.rogers@uct.ac.za](mailto:kerr.rogers@uct.ac.za)

- UCT Application Form (download at <http://forms.uct.ac.za/hr201.doc>)
- Cover letter, and
- Curriculum Vitae (CV)

Please ensure the title and reference number are indicated in the subject line.

An application which does not comply with the above requirements will be regarded as incomplete. Only shortlisted candidates will be contacted and may be required to undergo an assessment.

**Telephone:** 021 650 3558

**Website:** [www.hr.uct.ac.za](http://www.hr.uct.ac.za)

**Reference number:** E80611

**Closing date:** 25 June 2018

UCT is committed to the pursuit of excellence, diversity and redress in achieving its equity targets. Our Employment Equity Policy is available at <http://www.uct.ac.za/downloads/uct.ac.za/about/policies/eepolicy.pdf>

UCT reserves the right not to appoint.